

TRAINING PROGRAMMES

We have always provided high quality **Continued Professional Development** at no charge to all our U & I Volunteer Counsellors. Training for our own counsellors will always be free and offered to them as a priority.

Lately we have put on a few training courses which we have opened up to other counselling professionals and these have been so popular and well received that in the coming months we will be expanding our training branch. **The Children and Young Peoples Training Diploma** was a huge success as and the **Relationship and Couples Therapy Diploma**. We are currently running a **Casework Supervision training course**. Early in 2019 we intend to repeat and update **Children and Young Peoples Training** and offer a **CBT Diploma**. Watch our website for news of this training opportunity

We would like to thank our trainers who have provided high quality training at a low cost that has contributed to our ability to maintain our service and share expertise.

News of Training opportunities open to Visitors who are Counsellors or Trainee Counsellors will be posted on our website and details emailed to previous visitors. If you would like to be included in our mail shot about training opportunities please email Wendy at uandicreative@icloud.com or info@uandicounselling.org.uk

FUNDING

We are delighted that **Oswestry Mayor Councillor Vince Hunt** and his daughter the **Mayoress Amber Hunt** selected U&I Counselling as one of the charities to give support to during their office. We share his passion for supporting Mental Health Awareness and the needs of young people we feel highly honoured to be chosen. It was lovely to welcome the Mayor to our rooms and show him some of our resources and familiarise him with our ways of working. We are incredibly grateful for their support and to learn of our shared passion to support the needs of young people and those with mental health support needs.

*Funding is increasingly difficult to source and so if anyone out there has any ideas or can offer any help with funding research please contact Wendy on **0753044800***

EXPANDING OUR TEAM

Demand for our service has been increasingly unprecedented, particularly from young people. It has been worrying to be aware this meant we had slightly longer waiting times than we have wanted. It is distressing for people who want counselling and who seek support to be told they have to wait... In response we are really excited to welcome some new counsellors to our team this autumn. We warmly welcome Kate, Michelle, Dave, Angie, Cez, Rob and Lola to the team.