



Training Academy

FOUNDATION DIPLOMA IN CBT

Accredited Training at Level 4.

Accredited Diploma on successful completion of the course.

Accredited by Grosvenor Medical LTD

OPEN TO U&I COUNSELLORS AND VISITORS (STUDENT COUNSELLORS OR QUALIFIED)

Saturday 21st September, Saturday 2nd November , Saturday 11th January 2010

Time 10.00am - 4pm Finish

Venue: U&I Counselling Suite
12, English Walls
Oswestry,
SY11 2PA.

The training will cover the fundamental practice and principals of CBT, enabling practitioners to work with clients using a range of CBT interventions.

Trainer: John Tomkins,
Counsellor, Supervisor. Mental Health Practitioner and Trainer/Lecturer in Counselling and Mental Health.
MBACP Accredited, Reg MBABCP, RMN, Dip CBT, PGCE.

Places are strictly limited and our own Counsellors will have the opportunity to do this course free of charge providing they book their place by the end of May

There is a Booking form on the website for everyone including U & I Counsellors.
All Visitors please return the booking form with your £50 deposit

email as below or post FAO Wendy Hickson, to the above address

Telephone: **07530 448000** or email info@uandicounselling.org.uk or uandicreative@icloud.com

The complete cost of the training is to *Non U & I Counsellors* is **£50 non refundable deposit then £50 payable on the first two training days (£150 for the three days.) Payable by cash or cheque to U&I Counselling C.I.C**

This includes ALL course work materials, handouts
(Please bring lunch to share with others)

"CBT is the recognised and recommended choice of therapy for mood disorders and anxiety states." NICE Guidelines, 2016.

U & I Counselling C.I.C is an organisational member of the BACP