



Training

Foundation Diploma in Therapeutic Counselling with Children and Young People Accredited Training at Level 4 By North West Counselling Ltd

DATES: U&I COUNSELLORS and VISITORS

VISITORS Saturday 9th February , Saturday 2nd March, Saturday April 6th

EARLY BOOKING RECOMMENDED AND MUST BE CONFIRMED WITH WENDY ASAP

Venue: U&I Counselling, Oswestry, SY11 2PA.

Trainer: John Tomkins,

**Counsellor/Psychotherapist, Supervisor, Mental Health Practitioner, Trainer/Lecturer in
Counselling and Mental Health, Dip. in Child and Adolescent Counselling
BACP Accredited, Reg MBABCP, RMN, Dip CBT, PGCE.**

- Training is suitable for both qualified and student practitioners of Counselling and Psychotherapy. It would also support other professionals who work with young people in the fields of social work, nursing, the probation service and youth workers in schools, colleges and the community.
 - Training will be delivered in a way that shadows the BACP suggested framework with regard to 'Competencies for working with Young People (11-18years)'.
 - **COURSE CONTENT:** Training will cover a range of issues that will encompass theoretical knowledge base including relevant statistics, aspects of the young developing brain and cognitions as well as developing counselling skills for use with young people. Areas covered will include: legal issues, ethical guidelines, safeguarding, mental health issues, confidentiality, consent, capacity and sharing of information appropriately. In addition guidance on working with other organisations that support young people will be included. Aspects of creative interventions will be explored and skills in relation to working therapeutically with young people and developing, maintaining and ending therapeutic relationships will be examined. The course will be supported throughout by the use of Case Studies.
 - The course will be delivered over 3 days (10am - 4pm) and attendance is essential on all three training days to receive certificate.
 - There will also be three short assignments that must be completed.
- The Breakdown:**
- 18 hours Classroom Theory,
 - 6 hours Reading and Research
 - 6 hours Completing 3 Assignments

**VISITORS £50 Non Refundable deposit on booking to secure a place
(U&I COUNSELLORS FREE TRAINING)**

Telephone: **0753 044 8000** or email **info@uandicounselling.org.uk.**

The donation for the training for *Non U& I Counsellors* is
£50 for EACH day of first two training (£150 for the three days.)

Payable by cash or cheque to U&I Counselling C.I.C

Cost includes ALL course work materials and handouts.

(Please bring lunch to share with others)

U & I Counselling C.I.C is an organisational member of the BACP